

HOW TO SEW A **FISH** QUILT BLOCK

sew with
**Tara
Reed**

TaraReed.com

Fish Quilt Block Tutorial

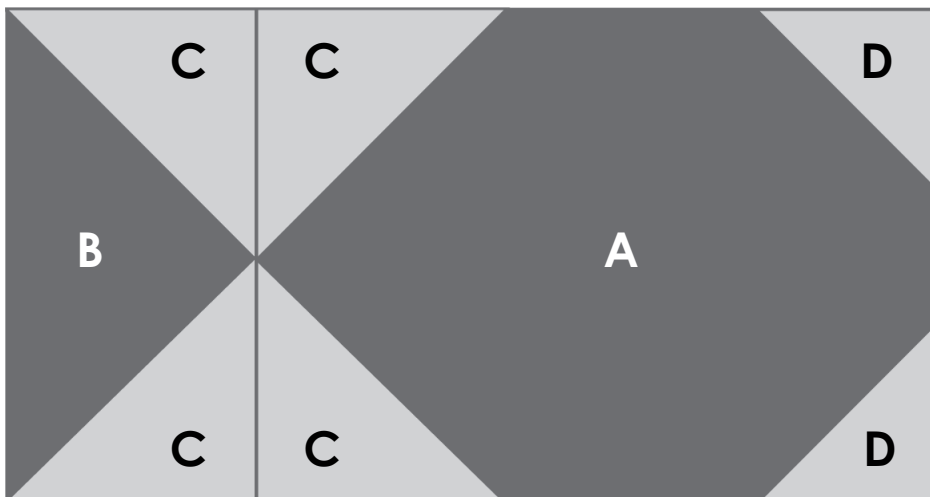
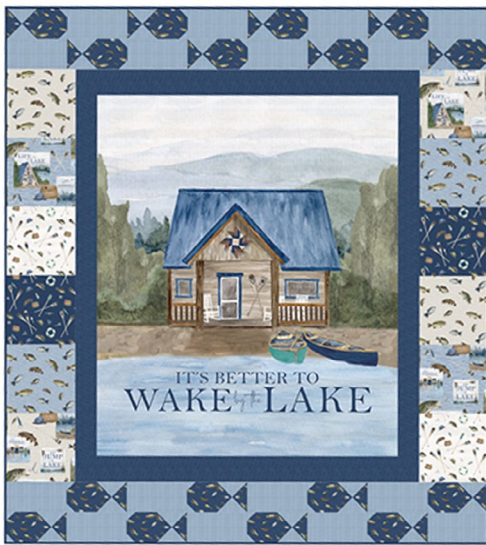
Read all instructions before cutting fabrics.

- RST = Right Sides Together
- WOF = Width of Fabric
- Cutting instructions are listed W x H based on 40" WOF.
- Use scant $\frac{1}{4}$ " seam allowances.
- Refer to the pattern cover and diagrams for fabric placement.
- Label pieces as you cut.
- Sew with RST unless otherwise stated.
- Press seams as desired unless stated otherwise.
- Dimensions listed in steps are unfinished sizes unless stated otherwise.

Directions are to make (1) Fish Block that measures $7\frac{1}{2}$ " x 4". You can then add borders if you want to make a square quilt block or make (16) total fish that are used in the Lake Fishing Panel Quilt, a free quilt pattern from Riley Blake Designs using the Wake at the Lake fabric collection designed by Tara Reed for Riley Blake Designs - fabric names and codes noted below.

Get the free [Lake Fishing Panel Quilt pattern](#)

Watch the [video tutorial on YouTube](#)



Navy Fish Toss: (C-14891-NAVY)

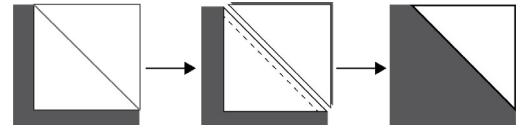
- **A:** (1) $5\frac{3}{4}$ " x 4"
- **B:** (1) $2\frac{1}{2}$ " x 4"

Sky Herringbone: (C-14893-SKY)

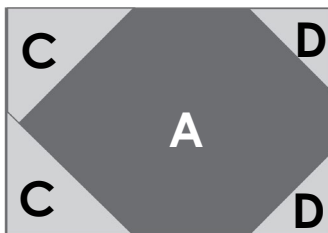
- **C:** (4) $2\frac{1}{4}$ " x $2\frac{1}{4}$ "
- **D:** (2) $1\frac{1}{2}$ " x $1\frac{1}{2}$ "

Stitch and Flip Method (SNF)

The Stitch & Flip method, or SNF for short, is the process of replacing the corner of a square or rectangle of fabric with another fabric. It is used in the Fish Quilt Block (6) times. Here is the method to follow when SNF is noted in the pattern.



1. Draw a diagonal line, corner to corner, on the wrong side of a square that will flip to become the angled corner.
2. Place the marked square on the base piece, RST, with the drawn line across the corner to be replaced. Note the orientation of the drawn line.
3. Sew on the drawn diagonal line.
4. Trim the excess $\frac{1}{4}$ " away from the sewn line and press the seam open. The size of the larger, original base piece does not change.



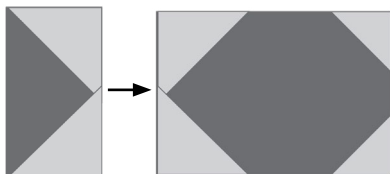
Make the Fish Tail

Using the SNF method, attach (2) C squares to the right of the B rectangle.

Make the Fish Body

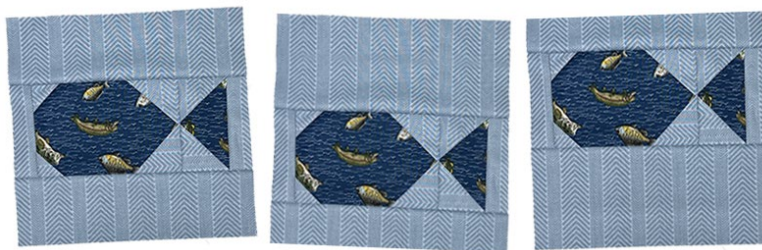
Using the SNF method, attach (2) D squares to the right and (2) C squares to the left of the A rectangle.

The C squares will overlap as shown above. There will be $\frac{1}{4}$ " beyond the points created on the A and B rectangles; that will be the seam allowance when you sew the tail to the body.



Sew the Fish Block

Sew the tail and body together as shown. Press seam open to reduce bulk.



If you want to use the fish for the Lake Fishing Panel Quilt you will need a total of 16 fish. [Get the free Lake Fishing Panel Quilt Pattern](#) from Riley Blake for full fabric requirements, cutting and sewing directions.

The fish can of course be used for anything! Add top, bottom and side borders if you want to create a block to use in a quilt or other project. In the image above I created blocks where the fish are swimming at different heights so they will look like a school of fish when put into a quilt. Get creative and have fun!

Find more projects & learn more about the [Wake at the Lake fabrics](#) on my website.

In case we haven't met before...

Hi! I'm Tara Reed and I've been creating art and design professionally since 2000.

Back in 7th grade (in the 80s!!) I learned to sew when my friend's mom taught us to make wrap-around skirts. From there we moved onto Bermuda Bag covers - button holes were a lot harder back then!

I design fabric for Riley Blake Designs and love everything about it. From creating the coordinating prints in repeat to seeing how YOU the end-user decides to take the fabrics and make something amazing.



If you are a Cricut, Silhouette or Scan 'N Cut creative as well as sewist or quilter I also design themed bundles for you too! Be sure to check out my online shops below.



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Thank you for allowing me to be a part of your creative life!

Tara Reed

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